



Jefferson & CMS Menu

February 2012



THE GRILLE
Daily grab and Go
 Cheeseburger/
 Hamburger/
 WG Chicken
 Patty/
 WG Chicken
 Nuggets

THE PIZZERIA
Daily grab and Go
 Cheese &
 Pepperoni
 plus a daily
 specialty pizza

THE GREENS
Daily grab and Go
 Egg Chef
 Salad

Breakfast Prices
 Full 1.20
 Reduced .30
 Adult 1.55

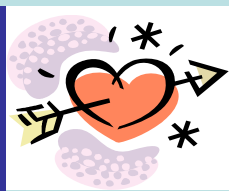
Breakfast is served every morning in the cafeteria! If you are eligible for free/reduced lunch then you are also eligible for free/reduced breakfast.

Lunch Prices
 Full 2.00
 Reduced .40
 Adult 2.40

* Indicates a Pork Product
 WG Indicates a Whole Grain Product
 T Indicates a Turkey Product

Menu Subject to Change

ARAMARK Food Service 639-7008



		1	2	3
		Glazed Cinnamon Roll <u>Choice Of:</u> Chicken Quesadilla T Hotdog on Bun Chic Patty Ranch Wrap Baja Chicken Salad	Breakfast Pizza* <u>Choice Of:</u> Baked Lasagna Pizza Burger Tuna Salad on Wheat Chicken Chef Salad	Pancakes <u>Choice Of:</u> Grilled Cheese w/Tomato Soup Fish Sandwich Chicken Buffalo Wrap Ham Pizza Salad*
6	7	8	9	10
Waffles <u>Choice Of:</u> Meatball Sub Chicken Buffalo Sand Ham & Cheese on Wheat* Chicken Caesar Salad	Glazed Cinnamon Roll <u>Choice Of:</u> General Tsao Chicken BBQ Rib on Bun* Bologna & Cheese on Wheat* Ham Chef Salad*	Chicken Biscuit <u>Choice Of:</u> Beef & BeanTacos T Hotdog on Bun Chicken Patty Ranch Wrap Baja Chicken Salad	Cinnamon Biscuit <u>Choice Of:</u> Penne w/Meat Sauce Bacon Cheeseburger Tuna Salad on Wheat Chicken Chef Salad	French Toast Sticks <u>Choice Of:</u> Chicken Fried Steak Fish Sandwich Chicken Buffalo Wrap Ham Pizza Salad*
13	14	15	16	17
Pancakes <u>Choice Of:</u> BBQ Chicken Corn Dog Ham & Cheese on Wheat* Chicken Caesar Salad	Egg & Cheese Bagel <u>Choice Of:</u> Sausage Patty & French Toast Sticks BBQ Chicken Cheddar Bologna & Cheese on Wheat* Ham Chef Salad* <u>Sugar Cookie</u>	Breakfast Pizza* <u>Choice Of:</u> Chicken Nachos Sloppy Joe on Bun Chicken Patty Ranch Wrap Baja Chicken Salad	Glazed Cinnamon Roll <u>Choice Of:</u> Spaghetti w/Meat Sauce Pizza Burger Tuna Salad on Wheat Chicken Chef Salad	Waffles <u>Choice Of:</u> Salisbury Steak Fish Sandwich Chicken Buffalo Wrap Ham Pizza Salad*
20	21	22	23	24
No School President's Day	PBJ w/Crackers <u>Choice Of:</u> General Tsao Chicken BBQ Rib on Bun* Bologna & Cheese on Wheat* Ham Chef Salad*	Glazed Cinnamon Roll <u>Choice Of:</u> Beef Enchiladas Grilled Ham & Cheese* Chicken Patty Ranch Wrap Baja Chicken Salad	Breakfast Pizza* <u>Choice Of:</u> Inside Out Manicotti Taco Burger Tuna Salad on Wheat Chicken Chef Salad	Pancakes <u>Choice Of:</u> Chicken Parmesan Sandwich Fish Sandwich Chicken Buffalo Wrap Ham Pizza Salad*
27	28	29		
Waffles <u>Choice Of:</u> Beef Fingers T Corndog Ham & Cheese on Wheat* Chicken Caesar Salad	Glazed Cinnamon Roll <u>Choice Of:</u> Chicken & Noodles BBQ Chicken Cheddar Bologna & Cheese on Wheat* Ham Chef Salad*	Chicken Biscuit <u>Choice Of:</u> Spicy Mexican Lasagna Sloppy Joe on Bun Chicken Patty Ranch Wrap Baja Chicken Salad		

A wide variety of ala carte choices available at both breakfast & lunch at an additional cost

LUNCH start here! Choose an Entrée

+ Take 2... Any 2

Fresh fruit, canned fruit, fruit juice, fresh vegetable or a hot vegetable

Then add

A milk and/or an additional grain product

Breakfast choice includes entree listed on menu each day, whole grain cereal, cinnamon toast, 1% white, skim white or skim chocolate milk, juice and canned or fresh fruit