



# 2010 MARCH



## Charleston High & Middle School Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Sausage Biscuit & Gravy or Cereal, Juice & Milk  Pizza Burger on Bun Carrot Coins Pineapple Tidbits	<b>2</b> Tony's Breakfast Pizza* or Cereal, Juice & Milk  Chili Mac Golden Corn Peaches	<b>3</b> Sausage Biscuit Sandwich or Cereal, Juice & Milk  Salisbury Steak w/Bread Mashed Potatoes w/Gravy Fruit Mix	<b>4</b> Yeast Donut Cereal, Juice & Milk  Cheesy Nachos Baked Beans Pears	<b>5</b> Warm Cinnamon Roll Cereal, Juice & Milk  Sloppy Joe on Bun* Green Beans Applesauce
<b>8</b> Sausage Pancake Wrap* or Cereal, Juice & Milk  Asian BBQ Pork Lo Mein* Peas Fruit Mix	<b>9</b> Sausage Biscuit & Gravy or Cereal, Juice & Milk  Twin Hardshell Tacos Mixed Vegetables Fruit Punch Juice	<b>10</b> Tony's Breakfast Pizza* or Cereal, Juice & Milk  Chicken Parmesan on Noodles Mashed Potatoes Pineapple Tidbits	<b>11</b> Yeast Donut Cereal, Juice & Milk  Bratwurst on Bun* Tossed Salad Applesauce	<b>12</b> Waffles w/Syrup or Cereal, Juice & Milk  Ham & Cheese Melt* Golden Corn Pears
<b>15</b>	<b>HAVE A SAFE AND RELAXING SPRING BREAK!!</b>			<b>19</b>
<b>22</b> Sausage Pancake Wrap* or Cereal, Juice & Milk  Burrito w/Cheese Sauce Potato Puffs Peaches	<b>23</b> Sausage Biscuit Sandwich or Cereal, Juice & Milk  Tyson Breaded Chicken Nuggets Baby Carrots Fruit Mix	<b>24</b> Sausage Biscuit & Gravy or Cereal, Juice & Milk  Chili w/Crackers Green Beans Banana	<b>25</b> Yeast Donut Cereal, Juice & Milk  Pretzel w/Cheese-HS Chef Boy R Dee Ravioli-MS Golden Corn Pineapple Tidbits	<b>26</b> Warm Cinnamon Roll Cereal, Juice & Milk  Fish Sandwich Baked Beans Applesauce
<b>29</b> French Toast Sticks w/Syrup or Cereal, Juice & Milk  Beefy Cheese Nachos Peas Pears	<b>30</b> Sausage Biscuit & Gravy or Cereal, Juice & Milk  Macaroni & Cheese Mixed Vegetables Pineapple Tidbits	<b>31</b> Sausage Pancake Wrap* or Cereal, Juice & Milk  Breaded Steak Fingers Mashed Potatoes w/Gravy Applesauce	<b>Join us the week of March 8<sup>th</sup>-12<sup>th</sup> for "World Flavors" Also, its National School Breakfast Week. Eat breakfast with us and earn a chance to win a free music download!!</b>	

**Breakfast Prices**  
Full 1.10  
Reduced .30  
Adult 1.45

**Lunch Prices**  
Full 1.90  
Reduced .40  
Adult 2.30

**Offered Daily:**  
Pizza, Hamburger &  
Cheeseburger on  
Bun, Chicken Patty  
on Bun, Assorted Sub  
Sandwiches & Chef  
Salad w/Crackers  
MS-Pretzel w/Cheese

M, W & F  
MS-Pizza Stick  
T & TH  
BBQ Rib on Bun

Also Daily: Choice of  
1% White or  
Chocolate Milk, Skim  
Milk &  
Wheat or White  
Bread, Fresh Fruit &  
Vegetables

A wide variety of ala  
carte offerings  
available at Breakfast  
& Lunch

\*Indicates a Pork  
Product

ARAMARK Food  
Service – 639-7008

Menus are subject to  
change without notice.

